

# COVID-19:

## What you need to know about your salary



### Your employer should:

- give you **sick leave** and **sickness allowance** under Hong Kong law
- give you **free and suitable accommodation** while you're sick and **free medical treatment**
- If your employer fires you because you have COVID-19, it is **illegal**. Your employer will face a maximum fine of **\$100,000**.



More Information: [Employers should not dismiss foreign domestic helpers who have contracted COVID-19 \(info.gov.hk\)](https://www.info.gov.hk)



### Tip:

It is important to keep a record of all conversations with your employer if you get sick. This can be whatsapps, text messages, emails....etc.

## How to notify your Employer

Employers are advised to accept the Isolation Order issued by the Department of Health.

Under Hong Kong laws, you should be given sickness allowance (**80% of your average daily wages**) if:



**YOU HAVE A MEDICAL CERTIFICATE; AND**



**YOU ARE SICK FOR AT LEAST 4 CONSECUTIVE DAYS; AND**



**YOU HAVE ENOUGH PAID SICKNESS DAYS LEFT**

## Quarantine

When you leave the quarantine centre, **Department of Health** will give you a document with your **quarantine period** and **whether you got COVID-19**, to prove that you stayed at the quarantine centres. You can also ask for a **medical certificate**.

If you are employed under a continuous contract, you will have **sickness allowance** under HK law.



Hong Kong Labour Department  
Hotline for Foreign Domestic  
Helpers: 2157 9537

Philippine Overseas Labour  
Office: 5529 1880

Hong Kong Immigration  
Department, Foreign Domestic  
Helper's Section: 2111 8435

Overseas Workers Welfare  
Administration: 3483 0600  
Emergency Hotline: 6345 9324

# What happens if you test positive

## Report

Fill an electronic form (<https://www.chp.gov.hk/cdpi>) or call the "StayHomeSafe" scheme hotline 1833 019.

### STEP 01



### STEP 02

## Wait & Contact Agency

Health care officials or the agency will instruct you to isolate and tell you what to do.

## Recovery

- ▶ If you have two vaccinations: you should isolate for 6~7 days. If you test negative on day 6 and day 7, you can go back to normal daily life.
- ▶ If you're not vaccinated: need to wait till day 14 by doing self quarantine.
- ▶ If you need medical attention and cannot stay home during quarantine: you will be designated to a clinic, isolation center, or hospital.

### STEP 03



### STEP 04

## Salary

Your employer shouldn't fire you. Call the Labour Department, NGOs and your agency if you are unsure about salary and sickness allowance payment. You should be given sick leave and allowance...

## Where to stay

Your employer must provide you with "suitable accommodation" within their homes. If you are fired, please contact your agency. They may arrange accommodation for you.

You can also reach out to the organizations on the right and below to seek for help on accommodation.

Resolve: 5508 4388

Equal Opportunities Commissions: 2511-8211

Empower U: [info@empoweru.io](mailto:info@empoweru.io)

Hong Kong Women Workers' Association: 2790 4848

### STEP 05

## Useful Contacts

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## NGOs

Open Door: 6179 4731

Help for Domestic Helpers:  
2523 4020 Whatsapp 5936  
3780

PathFinders: 5190 4886

Equal Justice: 5329 2115

Enrich :

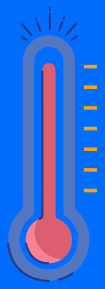
5981 3754 for English/Tagalog  
5648 0990 for Bahasa Indonesia

# SEVERE SYMPTOMS

VERSUS

# MILD SYMPTOMS

## Severe Symptoms (really sick)



High fever  
(higher than 100  
degrees Fahrenheit)

Bluish Lips and Pale Skin

Breathing Difficulties

Body Aches



High Heart Rate

Chest Discomfort

Trouble Staying Awake

Eye problems  
(watery eyes or swollen  
eyelids)

Unresponsiveness

Shortness of Breath

## Mild Symptoms (not that sick)

A low-grade fever  
and chills  
(around 100 degrees  
Fahrenheit)

Very Tired

Loss of smell and  
taste

Aches, pains and  
headaches

Diarrhea, nausea  
and/or vomiting

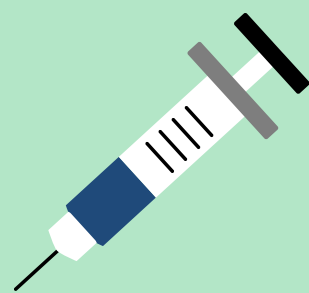
Dry Cough

Itchy patches on  
skin

Muscle Pain



# HOW TO GET MEDICAL TREATMENT



## <General Information>

- ▶ If you test positive, you should first declare on this website [here](#).
- ▶ As you are under a working visa, you will be paying locals' fee (HK-resident rate) while using the public health services.
  - \* Note that if you get fired (for other reasons) or you are not currently employed (this includes waiting for visa), you cannot claim HK resident rates

## <When having Mild Symptoms>

### 1 HOSPITAL AUTHORITY

[Here](#) is the contact for clinics where you can get treatment or any medical information.

- \* Appointments can only be made when calling this hotline: 1836 115.
- \* Hotline Operating hours: daily 8am -10pm



### 2 THE FIRE SERVICE DEPARTMENT (FSD)

If you only have mild symptoms (not that sick), please contact FSD and they will direct you to community isolation facilities (CIF)



Contact Methods:

- Email to : [fsd\\_cif@hkfsd.gov.hk](mailto:fsd_cif@hkfsd.gov.hk)
- Whatsapp: +852 5233 1833
- WeChat account: fsd\_cif



Please provide the following information:

Name :  
Age  
ID number:  
Telephone number :  
Residential address :  
Testing method :  
Date of positive test result:



### 3 COMMUNICATION ISOLATION FACILITIES (CIF)

You will go through a 14-day isolation period.

- **Suitable household conditions** (e.g. living alone or don't have household members who are high-risk people)  
you will be tested on Day 7. When negative, you may return home and stay there till Day 14. When positive, you will need to stay at CIF until Day 14.
- **Unsuitable household conditions** (e.g. household members who are high-risk individuals)  
you will be tested on Day 14. When negative, you can leave CIF. When tested positive, need to stay at CIF until a negative result is obtained.

## <When having SEVERE Symptoms>

Call 999 Immediately for ambulance service : tell the operator that you got infected by COVID-19 and your conditions.

\* Hospitals would treat patients with higher risks/serious conditions.

